



**Breast Cancer Genetics  
Referral Screening Tool  
(B-RST™)**

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## Cancer Genetic Counseling

Cancer genetic counseling services are for both women and men who have concerns about their personal and/or family history of cancer. To help you make a more informed decision about your healthcare, your cancer genetics provider may discuss the following with you:

- Your family history
- Your personal risk for cancer
- Whether or not BRCA genetic testing is right for you
- The benefits and limitations of genetic testing
- How you can decrease your risk for cancer

*This information could help you and your family members lower your risk for cancer and/or help you to catch cancer early.*

### Cancer Genetics Professionals (Who should I see?)

Cancer genetic counseling is performed by specially trained healthcare providers who have knowledge in genetics, cancer, counseling, and hereditary cancer syndromes. It is important that your health care provider be trained in cancer genetics in order to provide you the BEST care possible.

- Genetic Counselors: Genetic counselors are masters-level specialized health-care professionals. They receive extensive training in medical and cancer genetics and psychosocial counseling through accredited training programs. They are certified by the American Board of Genetic Counseling. More information about genetic counseling can be obtained at the National Society of Genetic Counselors website: [www.nsgc.org](http://www.nsgc.org)
- Physician who is board certified in medical genetics by the American College of Medical Genetics (ACMG)
- Genetics Clinical Nurse (GCN) or Advanced Practice Nurse in Genetics (APNG) credentialed through the Genetics Nursing Credentialing Commission (GNCC)
- Advanced practice oncology nurse with a masters or doctorate degree with specialized education in cancer genetics
- Board-certified physician with experience in cancer genetics

### Qualified cancer genetics professionals can be located at the following sites:

National Society of Genetic Counselors:  
- [NSGC Find a Counselor](#)

National Cancer Institute's Cancer Information Service: 1-800-4-CANCER  
- <http://www.cancer.gov/search/geneticsservices/>

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